

# BASIC KNOTS

For safety, every worker at heights should be able to correctly tie a few basic knots.

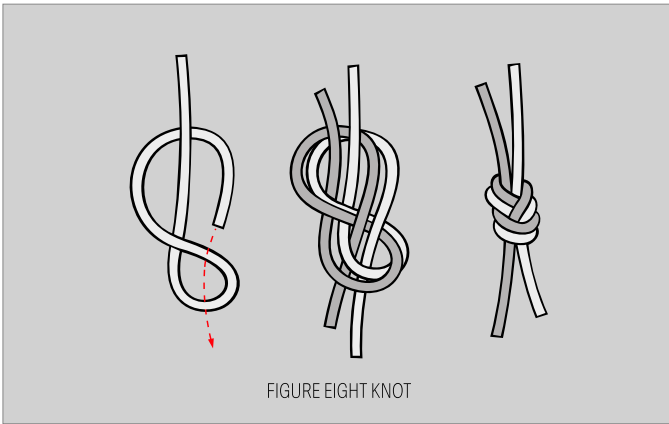
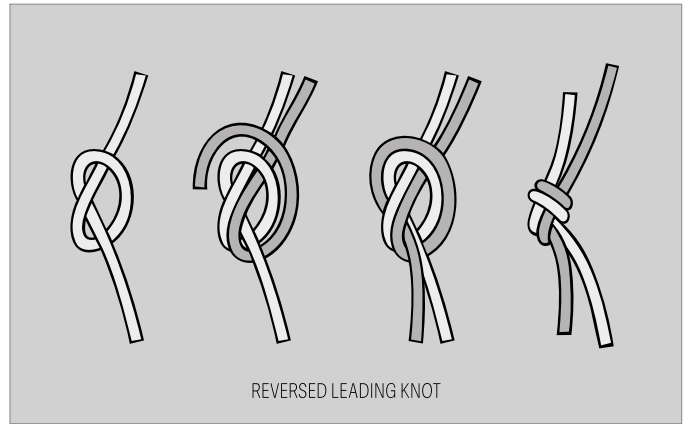
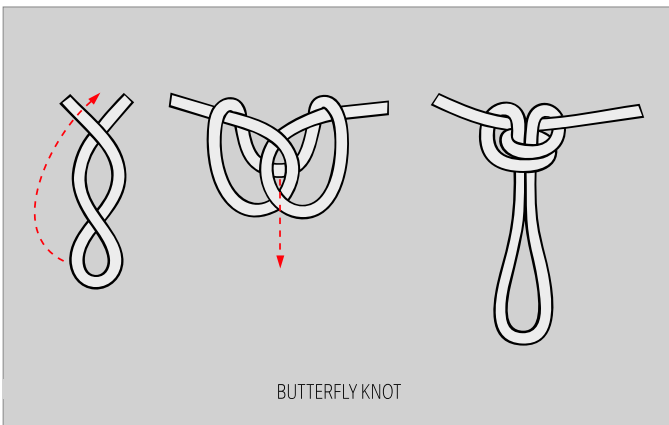


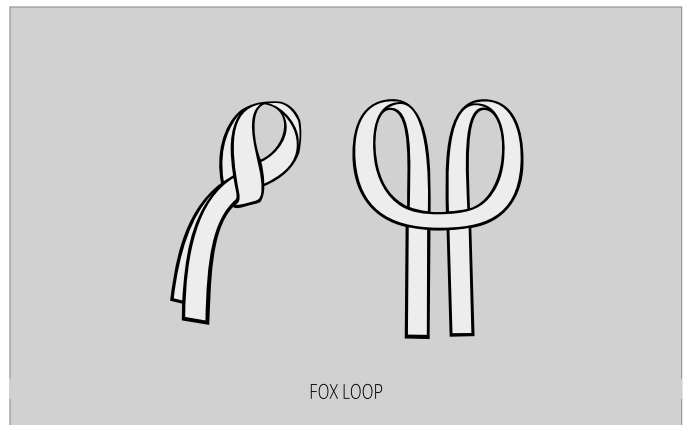
FIGURE EIGHT KNOT



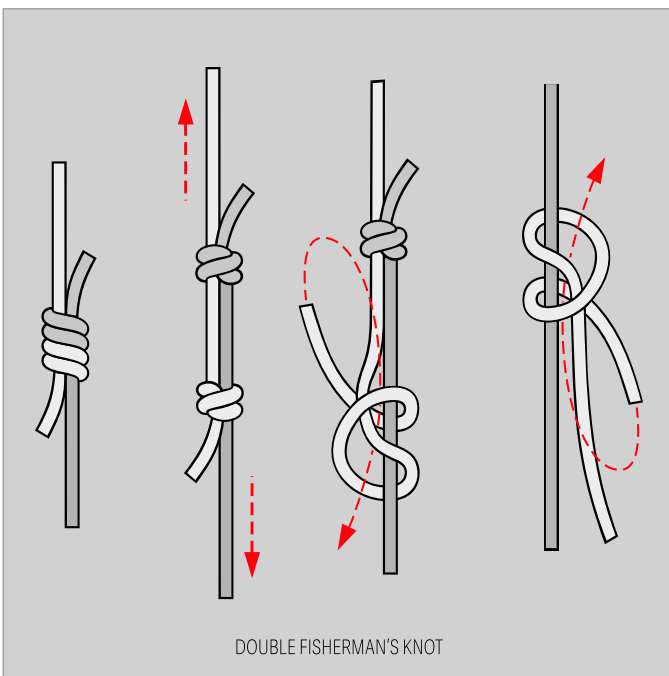
REVERSED LEADING KNOT



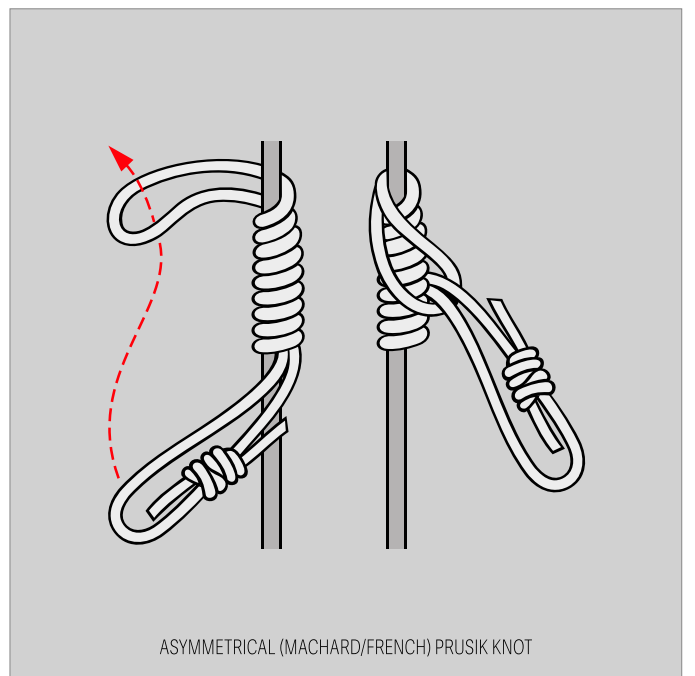
BUTTERFLY KNOT



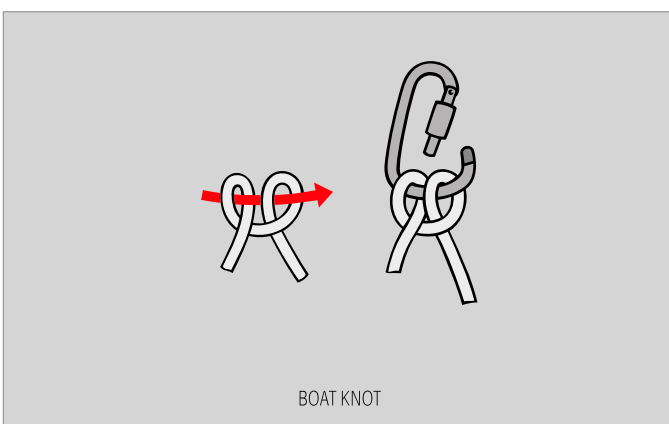
FOX LOOP



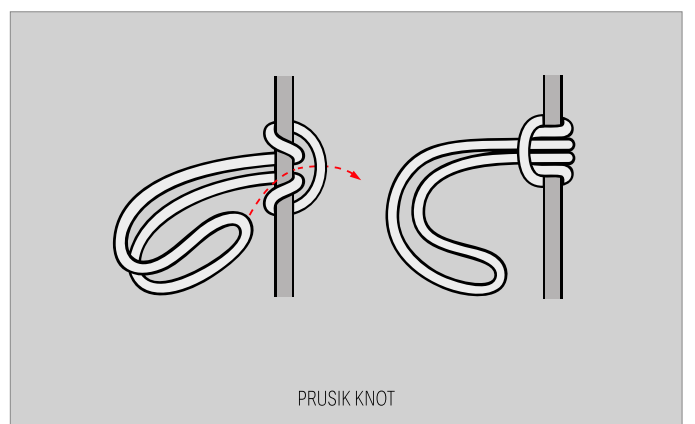
DOUBLE FISHERMAN'S KNOT



ASYMMETRICAL (MACHARD/FRENCH) PRUSIK KNOT



BOAT KNOT



PRUSIK KNOT